

DIRECTIONS

**FROM: Long Island
Natural**

TO: Island

By Car

TAKE I-195 (I495) OR NORTHERN STATE PARKWAY WEST TO GRAND CENTRAL PARKWAY WEST TOWARDS LAGUARDIA AIRPORT. GO TO THE FIRST EXIT PAST LAGUARDIA AIRPORT (EXIT 5 – 82ND ST., TERMINAL A) AND AT THE END OF THE RAMP, MAKE A RIGHT TURN ONTO DITMARS BLVD. TAKE DITMARS TO 43RD STREET. MAKE A RIGHT TURN ONTO 43RD STREET AND PROCEED TO 20TH AVENUE (NOT 20TH ROAD). MAKE A LEFT ONTO 20TH AVENUE. ISLAND NATURAL WILL BE ON YOUR RIGHT BETWEEN 42ND AND 43RD STREETS.

By Truck

I495 HEADING WEST TO EXIT 22 (678 EAST AND WEST) COLLEGE PT. BLVD. ONCE OFF EXIT RAMP, TAKE FIRST RIGHT ONTO COLLEGE PT. BLVD. LOOK FOR SIGN ON LEFT TO 678 NORTH & WHITESTONE BRIDGE, MAKE LEFT ONTO ENTRANCE RAMP, GET OFF AT FIRST EXIT #13, STAY RIGHT AND FOLLOW SIGN TO ASTORIA BLVD. WEST/TRIBORO BRIDGE. ONCE ON ASTORIA BLVD. GO APROX. 2 MILES TO 82ND STREET (SEE EXXON ON LEFT) MAKE RIGHT TURN, GO TO 4TH LIGHT TURN RIGHT ONTO 81ST ST. FOLLOW RD. AS IT CURVES TO BECOME 19TH AVE. GO TO 43RD ST. MAKE LEFT, GO 1 BLOCK TO 20TH AVE. MAKE RIGHT. ISLAND NATURAL WILL BE ON RIGHT.

DIRECTIONS

FROM NEW JERSEY TO ISLAND NATURAL BY CAR

TAKE GEORGE WASHINGTON BRIDGE TO I-95 NORTH (CROSS BRONX EXPRESSWAY). TAKE THE I-87 EXIT # 1C TOWARDS MAJOR DEEGAN EXPRESSWAY – QUEENS. KEEP LEFT AT THE FORK IN THE RAMP. MERGE ONTO I-87 SOUTH – MAJOR DEEGAN EXPRESSWAY. STAY ON EXPRESSWAY FOR ABOUT 2 MILES. FOLLOW SIGNS TO I-278 WEST AND TRIBORO BRIDGE. ON THE APPROACH TO TRIBORO BRIDGE, FOLLOW SIGNS TO LONG ISLAND, QUEENS AND NEW YORK AIRPORTS. TAKE TRIBORO BRIDGE AND GET OFF AT THE FIRST EXIT IN QUEENS (31ST STREET EXIT). BEAR RIGHT UNTIL 35TH STREET. MAKE A LEFT ON 35TH STREET AND TAKE IT DOWN TO 20TH AVENUE (NOT 20TH ROAD). MAKE RIGHT TURN ONTO 20TH AVENUE. LOOK FOR ISLAND NATURAL ON YOUR LEFT BETWEEN 42ND AND 43RD STREETS.

BY TRUCK

TAKE GEORGE WASHINGTON BRIDGE LOWER LEVEL TO I-95 NORTH (CROSS BRONX EXPRESSWAY.) TAKE THE I-87 EXIT 1-C TOWARDS MAJOR DEEGAN EXPRESSWAY –QUEENS. KEEP LEFT AT THE FORK IN THE RAMP. MERGE ONTO I-87 SOUTH – MAJOR DEEGAN EXPRESSWAY. STAY ON EXPRESSWAY FOR ABOUT 2 MILES. FOLLOW SIGNS TO I-278 WEST AND TRIBORO BRIDGE. ON THE APPROACH TO TRIBORO BRIDGE, FOLLOW SIGNS TO LONG ISLAND, QUEENS AND NEW YORK AIRPORTS. ONCE ON TRIBORO BRIDGE, TAKE THE FIRST EXIT – 31ST STREET. MERGE ONTO HOYT AVENUE SOUTH. STAY STRAIGHT ONTO ASTORIA BLVD. ONCE ON ASTORIA BLVD., TURN LEFT ONTO STEINWAY STREET. GO FIVE TRAFFIC LIGHTS TO 20TH AVE. TURN RIGHT. ISLAND NATURAL WILL BE ON YOUR LEFT HAND SIDE BETWEEN 42ND AND 43RD STREETS.

DIRECTIONS

FROM WESTCHESTER AND BRONX

TO ISLAND NATURAL

BY CAR

TAKE THE WHITESTONE BRIDGE ONTO THE WHITESTONE EXPRESSWAY. GET ON THE GRAND CENTRAL PARKWAY WEST TOWARDS LAGUARDIA AIRPORT. GO TO THE FIRST EXIT PAST LAGUARDIA AIRPORT (EXIT 5 – 82ND ST. TERMINAL). AT THE END OF THE RAMP, MAKE A RIGHT TURN ONTO DITMARS BLVD. TAKE DITMARS TO 43RD STREET. MAKE A RIGHT TURN ONTO 43RD STREET AND PROCEED TO 20TH AVE. (NOT 20TH ROAD). MAKE A LEFT TURN ONTO 20TH AVE. ISLAND NATURAL WILL BE ON YOUR RIGHT SIDE BETWEEN 42ND AND 43RD STREETS.

BY TRUCK

TAKE THE WHITESTONE BRIDGE ONTO THE WHITESTONE EXPRESSWAY. FOLLOW SIGNS TO ASTORIA BLVD. WEST. EXIT ONTO ASTORIA BLVD. AND PROCEED ABOUT 2 MILES TO 82ND STREET. (SEE EXXON GAS STATION ON LEFT). MAKE A RIGHT TURN ON 82ND STREET. 82ND STREET BECOMES DITMARS BLVD. GO TO FOURTH LIGHT. TURN RIGHT ONTO 81ST STREET. FOLLOW ROAD AS IT CURVES. 81ST STREET BECOMES 19TH AVE. GO TO 43RD STREET. MAKE LEFT. GO ONE BLOCK TO 20TH AVE. MAKE RIGHT. ISLAND NATURAL WILL BE ON YOUR RIGHT BETWEEN 42ND AND 43RD STREETS.

DIRECTIONS

FROM MANHATTAN

TO ISLAND NATURAL

BY CAR

TAKE THE TRIBORO BRIDGE TOWARD QUEENS, GET OFF AT THE FIRST EXIT IN QUEENS (31st STREET EXIT), BEAR RIGHT UNTIL 35th ST. MAKE A LEFT ON 35th ST. AND TAKE THAT DOWN TO 20th AVE (NOT 20th ROAD) MAKE A RIGHT TURN ONTO 20th AVE. PROCEED PAST THE LIGHT, LOOK FOR ISLAND NATURAL ON LEFT BETWEEN 42nd AND 43rd STREETS.

BY TRUCK

TAKE QUEENSBORO BRIDGE (59TH STREET BRIDGE) LOWER DECK ONLY. FOLLOW SIGNS TO NORTHERN BLVD. EAST. ONCE ON NORTHERN BLVD., GO APPROXIMATELY ½ MILE TO STEINWAY STREET. MAKE LEFT TURN ONTO STEINWAY. STAY ON STEINWAY ST. UNTIL YOU PASS OVER THE GRAND CENTRAL PARKWAY AND THEN GO FIVE LIGHTS TO 20TH AVENUE (NOT 20TH ROAD). MAKE A RIGHT TURN ONTO 20TH AVENUE. PROCEED 2 BLOCKS. ISLAND NATURAL WILL BE ON YOUR LEFT HAND SIDE BETWEEN 42ND AND 43RD STREETS.

DIRECTIONS

FROM BROOKLYN TO ISLAND NATURAL BY CAR

TAKE I-278 EAST (BROOKLYN QUEENS EXPRESSWAY) TOWARD TRIBORO BRIDGE TO THE ASTORIA BLVD. WEST EXIT #41. MAKE THE FIRST RIGHT TURN ONTO 43RD STREET AND PROCEED TO 20TH AVENUE (NOT 20TH ROAD). MAKE LEFT ONTO 20TH AVENUE. ISLAND NATURAL WILL BE ON YOUR RIGHT SIDE BETWEEN 42ND AND 43RD STREETS.

BY TRUCK

TAKE I-278 EAST (BROOKLYN QUEENS EXPRESSWAY) TOWARD LAGUARDIA AIRPORT. GO TO THE LAST EXIT BEFORE TRIBORO BRIDGE TOLL CALLED ASTORIA BLVD. WEST. STAY ON ASTORIA BLVD. WESTBOUND TO STEINWAY STREET. MAKE RIGHT TURN ONTO STEINWAY STREET. FOLLOW STEINWAY FOR FIVE LIGHTS TO 20TH AVE. MAKE A RIGHT TURN ONTO 20TH AVE. GO TWO BLOCKS. ISLAND NATURAL WILL BE ON YOUR LEFT SIDE BETWEEN 42ND AND 43RD STREETS.

DIRECTIONS

FROM: SUBWAY

20TH Avenue

NY 11105

8000

TO: Island Natural

42-07

L.I.C.,

718-721-

1) TAKE N OR W TRAIN TO DITMARS BOULEVARD-ASTORIA . EXIT THE TRAIN STATION AT DITMARS BOULEVARD AND 31ST STREET. WALK DOWN 31ST STREET TO 20TH AVENUE. MAKE A RIGHT TURN ON TO 20TH AVENUE (NOT 20TH ROAD). WALK UP 20TH AVENUE. ISLAND NATURAL WILL BE ON YOUR LEFT BETWEEN 42ND AND 43RD STREETS.

OR

2) TAKE R OR M TRAIN TO STEINWAY STREET, QUEENS. TAKE Q101 BUS ON THE CORNER OF BROADWAY AND STEINWAY. GET OFF AT 20TH AVENUE AND 42ND STREET. ISLAND NATURAL IS LOCATED DIRECTLY ACROSS THE STREET.

